



Ottawa City Soccer Club At Home Assessment - Players



[Take OCSC Covid-19 Screening Survey](#)

Sore throat



YES NO

Headache



YES NO

Difficulty swallowing



YES NO

Taste disorder(s)



YES NO

Chills



YES NO



Nausea/vomiting,
diarrhea



Runny nose or
sneezing



Shortness of breath



Unexpected fatigue

Have you had close contact
with anyone with a probable
case of COVID-19?



Do you have a
fever/temperature
37.8 C or greater?



Have had close contact with
anyone that has travelled in
the past 14 days?





Ottawa City Soccer Club Arrival Checklist - Players



Before you arrive...

[Take OCSC Covid-19 Screening Survey](#)

WASH HANDS BEFORE

USE **ENTRANCE**

LEAVING HOME

SANITIZE STATION



ARRIVED

ENSURE EQUIPMENT

PLACE BAG/WATER

FULLY DRESSED

IS SANITIZED

AT YOUR STATION

After you leave...

USE **EXIT**

WASH CLOTHS

SANITIZE STATION

IMMEDIATELY



LEAVE

ENSURE EQUIPMENT

HAVE A SHOWER

IMMEDIATELY

IS SANITIZED

IMMEDIATELY

DO NOT ENTER THE FIELD SESSION UNTIL YOUR SESSION BEGINS